

Workshops by Kotaro YAMADA, Kokushikan MRG Head Coach

For all those interested in learning more about the Kokushikan University Men's Team. And watching and experiencing some wonderful performances by this famous Men's Team.

The Suomi Gymnaestrada (National Gymnaestrada Finland) will be held in June 7 – 10, 2018 in Turku, Finland. In connection to the event there will be some international workshops. The language of these workshops will be English.

The workshops are meant for the instructors, coaches and choreographers taking part in the Suomi Gymnaestrada. When you order a Participant Card for the Suomi Gymnaestrada, you can also register to the workshops without any additional price.

Two of the workshops will be held by Kotaro YAMADA. First workshop will be about introduction to Men's Rhythmic Gymnastics and coaching (two hours) and the second workshop about the choreography (two hours). The workshops will be both theoretical and practical.

In addition to the workshops there is plenty of time to experience, see and study the Suomi Gymnaestrada and all its performances and activities. Also the world-famous Kokushikan University Men's Team can be seen and admired in the Group Performances as well as in the Evening Performances.

Do not miss this opportunity – come and join us! Read more: www.gymnaestrada.fi/en

The event and workshops will be organized by the Finnish Gymnastics Federation

